



# Iron Mill College

*Education & Training in Mental Health & Wellbeing*

Established 1981

## Enhance your professional life...

### Continuing Professional Development (CPD) Workshops



### A range of interesting and innovative workshops available at Iron Mill College in Exeter and Poole

**At Iron Mill College, we offer opportunities for those in the field of mental health and wellbeing to engage in further study, develop skills and expand their knowledge, through shorter workshops.**

If you are a counsellor, psychotherapist or other practitioner in a helping profession, who wants to gain more specialist knowledge through focused training, or are a current student interested in learning more about specific topics or skills, our CPD workshops could be just what you are looking for. We can also offer tailor-made training programmes for organisations who wish to offer their members or employees a unique learning experience, in a way that best suits their needs.

For further information or to book a place:  
**01392 219200 / enquiries@ironmill.co.uk**

**[www.ironmill.co.uk](http://www.ironmill.co.uk)**

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# Iron Mill College CPD Workshops 2017/18

Workshop	Date(s) / Location(s)
<b>Developing Playfulness and a Creative Practice (3 hours)</b>	5th September 2017, 10am - 1pm, Exeter.
	9th January 2018, 6pm - 9pm, Exeter.
<b>Introduction to Ecotherapy: Counselling with Nature in Mind (2 days)</b>	16th & 17th September 2017, 10am - 5pm, Exeter.
	7th & 8th October 2017, 10am - 5pm, Poole.
<b>Treating Anxiety and Depression in Children and Young People (2 days)</b>	16th & 17th September 2017, 10am - 5pm, Poole.
<b>TA 101 – The Official Introduction to Transactional Analysis (2 days)</b>	23rd & 24th September 2017, 9.30am - 5pm, Exeter.
	14th & 15th October 2017, 9.30am - 5pm, Poole.
	13th & 14th January 2018, 9.30am - 5pm, Exeter.
	19th & 20th May 2018, 9.30am - 5pm, Exeter.
	23rd & 24th June 2018, 9.30am - 5pm, Poole.
<b>Working Therapeutically with Clients who Misuse Alcohol (1 day)</b>	23rd September 2017, 10am - 4pm, Exeter.
	7th October 2017, 10am - 4pm, Poole.
	3rd February 2018, 10am - 4pm, Exeter.
	3rd March 2018, 10am - 4pm, Poole.
<b>Introduction to Use of EMDR in Traumatic Experience (1 day)</b>	21st October 2017, 10am - 4pm, Poole.
	4th November 2017, 10am - 4pm, Exeter.
	24th February 2018, 10am - 4pm, Exeter.
	3rd March 2018, 10am - 4pm, Poole.
<b>Moving and Being: Exploring Creative Ways of Being in Relationship to Self and Client (1 day)</b>	4th November 2017, 10am - 5pm, Exeter.
<b>Professional Certificate in Adlerian Counselling (4 days)</b>	25th & 26th November and 2nd & 3rd December 2017, 10am - 4pm, Poole.
	16th & 17th June and 30th June & 1st July 2018, 10am - 4pm, Exeter.
<b>Learning to Work Creatively (1 day)</b>	13th January 2018, 10am - 4pm, Poole.
	30th June 2018, 10am - 4pm, Poole.
<b>Working with Metaphor (1 day)</b>	3rd February 2018, 10am - 4pm, Poole.
	21st April 2018, 10am - 4pm, Exeter.
<b>Professional Certificate in CBT (6 days)</b>	21st & 22nd April, 19th & 20th May and 16th & 17th June 2018, 10am - 4pm, Poole.
	28th & 29th July, 1st & 2nd September and 22nd & 23rd September 2018, 10am - 4pm, Exeter.

- **Learn more:** See our CPD Workshops web pages ([www.ironmill.co.uk/continuing-professional-development-workshops](http://www.ironmill.co.uk/continuing-professional-development-workshops)) for more details and latest additions to schedule.

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