



Iron Mill College

Education & Training in Mental Health & Wellbeing

Established 1981



CPD Workshops & Events 2019-20 **Exeter, Poole & Whitstable**

Enhance your personal and professional life with a range of interesting and innovative workshops and presentations at Iron Mill College in Exeter, Poole and Whitstable.








At Iron Mill College, we offer opportunities for those in the field of mental health and wellbeing to engage in further study, develop skills and expand their knowledge, through workshops and events.

If you're a counsellor, psychotherapist or other practitioner in a helping profession, who wants to gain more specialist knowledge through focused training, our workshops could be just what you're looking for.

For further information and to book
Call **01392 219200** or Email **enquiries@ironmill.co.uk**

www.ironmill.co.uk



Event Name/ Tutor	Free CPD	Event Type	Date	Location
Supervision Workshops Alison Huxtable & Tracey Gibson		1 Day CPD Workshops	Fri 06/12/19 Getting the most out of supervision Fri 28/02/20 Developing the Supervisory Alliance	Exeter
TA101: Official Intro to Transactional Analysis Briony Nicholls / Karen Minikin		2 Day CPD Workshop	Sat + Sun 18-19/01/20 Sat + Sun 20-21/06/20	Exeter Poole
Family Therapy & Family Dynamics Graham Shavick		1 Day CPD Workshop	Sat 18/01/20	Poole
Working with Shame Sue Parker Hall	-	1 Day CPD Workshop	Sat 25/01/20	Exeter
Legal aspects of therapeutic work with children and young people Peter Jenkins	-	1 Day CPD Workshop	Sat 01/02/20	Poole
Demystifying Creativity in the Therapy Room Sarah London & Louise Bradshaw	-	1 Day CPD Workshop	Sat 01/02/20	Whitstable
Professional Certificate in CBT Penny Utton	-	6 Day CPD Workshop, over 3 weekends	Starts: Sat + Sun 08-09/02/20 Starts: Sat + Sun 30-31/05/20	Poole Exeter
A Sense of Home and Connection Terry Gore	-	1 Day CPD Workshop	Sat 29/02/20	Whitstable
Bereavement and Loss Workshops Alison Huxtable		1 Day CPD Workshops	Fri 20/03/20 The Therapeutic Relationship Mon 20/04/20 Models of grief and the grieving process	Exeter
C is for Canine - Animal Assisted Therapy Sarah London		1 Day CPD Workshop	Sun 22/03/20 Mon 23/03/20	Exeter Exeter
Treating Anxiety & Depression in Young People Penny Utton		2 Day CPD Workshop	Sat + Sun 18-19/04/20	Poole
Existential Therapy Workshop Mick Cooper		1 Day CPD Workshop	Sat 25/04/20	Exeter
Counselling, Psychotherapy, Ethics and the Law Peter Jenkins	-	1 Day CPD Workshop	Sat 27/06/20	Exeter
Anger, Rage and Relationship Sue Parker Hall	-	2 Day CPD Workshop	Sat + Sun 18-19/07/20	Exeter